IOWA STATE UNIVERSITY

Academic Success Center

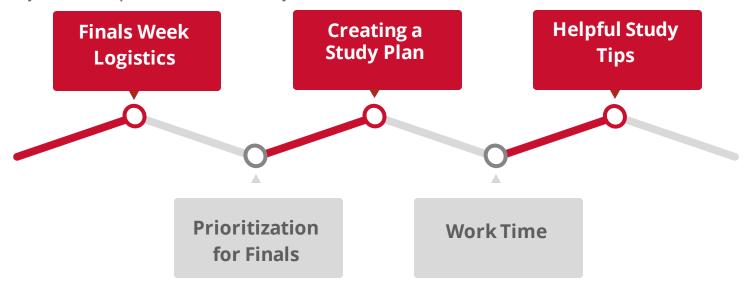
2157 Hixson-Lied Student Success Center

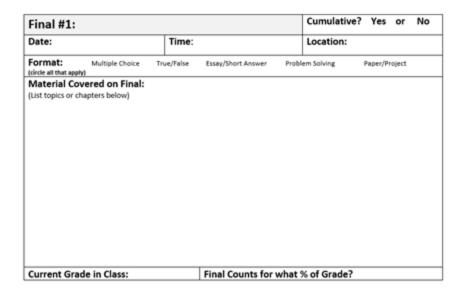
Preparation for Finals

Academic Success Center

Objective & Roadmap

Introduce ways of getting organized, planning your time, and breaking down tasks to set yourself up for success on your finals.





Finals Week Logistics

For each final, indicate:

- The course name
- Whether it is a cumulative final or not
- The date, time, & location
- The format of the final
- The material the final covers
- Your current grade in the course
- What % of your grade the final is worth

https://www.registrar.iastate.edu/students/exams/springexams

Finals Priority List	How far in advance do you want to start studying?		
#1			
м2			
#3			
#4			
#5			
#6			
#7			

Prioritization of Finals

For each final, consider:

- Challenge level
- Current Grade & Percent of Grade
- Order/Sequence/Date
- Knowledge/Comfortability level with the material
- Quantity of material covered, and roughly how much time you'll need to study it all.

With all of this in mind, determine the relative priority level for each final, as compared to the others, write them in order, and indicate when you want to start studying.



Creating a Study Plan

What are some ways you might go about creating a finals study plan based on the information we have covered so far?



Strategies for Creating Your Study Plan

		Tillais I	o-Do List		
SUNDAY 12/8	MONDAY 12/9	TUESDAY 12/10	WEDNESDAY 12/11	THURSDAY 12/12	FRIDAY 12/13
What is due today?	What is due today?	What is due today?	What is due today?	What is due today?	What is due today? 3LMC 100 Point! course ever project
To Do #1: Study Chapters 74% of 31mc 19	To Do #1: Shody Chapter's 5 to ot \$3854	To Do #1: Review chapters 1-10 for TLANC 101	To Do M1: Study Charless 747 For 3LMC tol	To Do #1: Study Chapter 7 of FORM	To Do #1: Review (Verpler) 7-10 For JLIM 10
Time Est: 90 Min	Time Est: 40 Wirk	Time Est: 60 min	Time Est: 40 min	Time Est: '80	Time Est: 40
To Do #2: Shady Chapter & Sar. PR.	TO DO #2: "Study Chapters Q + 10 of Jemic tol ofevicing Chapters 7 + 6 of Jimic tol	To Do #2: Sevine Cropler's 5 th for PE	To Do #2: Strate Chapter 10 per PR	To Do #2: Study chapter is of	To Do #2: Review Complets S-IA for PK
Time Est: 30 win	Time Est: 60 wirl	Time Est: 30 min	Time Est: 50 min	Time Est: 30	Time Est: 40
To Do #3: Nicite: 3: paregraphs for Sportithi	To Do #3: *Straty Chapter 4	To Do #3: Reviews Chapter's 5 + 6 for FSYM	To Do #3: Shady Chapter 7 Box Shads	To Do #3: Shady Chapters 4 & 10 for JLunc 101	To Do #3: Review Chapters 5 - 7 of F3/IN/
Time Est 45 min-Wain	DEVICE CHAPTER 8.	Time Est: 50 min	Time Est: 50	Time Est: 440	Time Est: 40
To Do #4:	To Do #4: write 5 puragroups/5 for symmith	To Do 84: said: 2 por sayapes for Spanish	To Do #4:	To Do #4:	To Do #4:
Time Est:	Time Est: 45 min-60 min	Time Est: 30 min	Time Est:	Time Est:	Time Est:

Finals To-Do List:

- Keep track of your due dates and to-do lists
- Prioritize your tasks
- Plan well in advance
- Specificity is key!

Strategies for Creating Your Study Plan

Time	Monday -	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM							
7:00 AM	WAKE UP	4	WAKE UP		MAKEUP	-	
8:00 AM	BIOL 211		8101211		BIGL 211	WAKEUP	WAKE UP
9:00 AM	GYM	WAKE UP	GYM	WAKE UP	GYM	WORK	MATH IVS
10:00 AM	FREE	YOGA	FREE	MOGA	FREE		BIOL 211
11:00 AM	MATH 165	LUNCH	MATH NO	LUNCH	MATH 165		FREE
12:00 PM	ENGL 150	TREE	ENGL 150	FREE	ENGL 150		A STANLAND
1:00 PM	LUNCH	SPAN 97	LUNCH	SPAN 97	LUNCH	LUNCH	LUNCH
2:00 PM	BOL 211		EMEL 150		BIOL 211	EMEL 120	WORK
3:00 PM	matt 195	FP MAGZ	-	POUTI FF MAGE	A. (1) (1) (1) (1)		
4:00 PM	BRENK	BREAK	BREAK	BREAK	BREAK	BREAK	
5:00 PM	BIOLZII	STUPY SPAN 97	BIOL 211	STUDY SPAN97	MATH 195	mant les	
6:00 PM	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	
7:00 PM	FREE	FREE	FREE	FREE	FREC	P 256	DWAGE
8:00 PM		BIOL 211	A STATE OF	mand lys	MATH 195	BIOL 211	PANAT
9:00 PM	MATH 165		SPAN 47		SPAN 97		F256
10:00 PM	FREE	FREE	FREE	FREE	FREE	FREE	
11:00 PM	SLEEP	SLEEP	SLEEP	SLEEP	SLEEP	SLEEP	SLEEP
To-Oo List →	- Bio 111 - Uni +1 - Massavos - Uni+1	-spen97-Unit 1/2 -818-211-Unit 1/2	- English Frsay penges 14 2 - 810 211 - Unit 2	- SPAN 97- INT 1/4 - matu 145- Unital?	-go 20 - UNH NY -MWYH DIS - UNH SIN -SEMM 471-UNH Y	PAGES 36 4 -MATH ENVION- -BIO REVIEW	- NEATH BEALEN - WEATH BEALEN

Weekly Schedule:

- Very effective during busy weeks
- Visualize your days
- Best way to see when you have time to study
- Specificity is key!

Work Time Spend some time working on the packet, and ask questions!



Helpful Study Tips

- Plan ahead and break material into smaller chunks
- Prepare + Review (Course Material Breakdown-Style Study Plans)
- 3. Take Breaks! (Pomodoro Technique)
- 4. Reward yourself!
- Be mindful of your productive environment and avoid distractions
- 6. Take time to rest and relax

Post-Workshop Survey



https://tinyurl.com/yc857ka7

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Contact & Visit Us

2157 Hixson-Lied Student Success Center

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