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| **Initial Learning**  | **Review & Self-Test for Exam**  |
| Attend class and take notes on material covered.  | Revisit your notes after class and recite concepts each week. Teach the concept to someone else (in a study group, or 1-on-1) or practice reciting aloud.  |
| Read the textbook and take notes of main ideas while reading (use any note-taking style).  | Practice summarizing concepts aloud or in writing. Describe connections between the main ideas, names, dates, vocabulary and other concepts and ideas.  |
| Identify steps needed to solve problems in text book.  | Work through practice problems without looking at the answer or process.  |
| Focus some attention on the pictures, graphs and graphics in your text book or notes.  | Redraw information from memory, or practice explaining the concept they illustrate.  |
| Make up test questions from texts, class notes and other sources. What would you put on the exam if you were the instructor?  | Answer questions, verify answers, and relearn information if you answer incorrectly. Did you get it right? Would you get full credit?  |
| Create a concept map or comparison chart to map out ideas, information, and concepts.  | Practice talking through concepts and their relationships to one another without looking.  |
| Fill out existing study guide or create your own study guide.  | Quiz yourself on study guide information (out loud or in your head)  |
| Make up a practice exam based on sample problems and ideas from across all course materials and chapters.  | Take the practice exam in test-like conditions, analyze your results & refocus on material you missed.  |
| Make flashcards for key concepts, names, formulas, dates, etc.  | Practice your flashcards until you know the information in both directions (Given side A, you can recite side B, and vice versa).  |

Each Week:

* Find connections between your textbook and the lecture/class discussion. What concepts overlap, connect, or seem most emphasized?
* Spend most of your time with the new material from that week, but also spend a bit of time revisiting prior week’s problems, concepts, or topics. Regularly revisiting these will help you establish and retain them in your long term memory.
* Mix up ideas and concepts from different chapters when you review. This approach will more closely simulate a test scenario than if you review concepts in clumps.

Academic Success Center

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