



ASC Overview of Services

This workshop is designed to give participants an overview of the services and support offered by the Academic Success Center. Participants will have the opportunity to learn more about our the following programs and initiatives:

Individualized Support:



- Academic Skills Coaching
- Writing & Communication Consultations
- ASC Navigator Appointments

Course Support:



- Supplemental Instruction (SI)
- Tutoring

ASC Outreach:



- Accountability Groups
- Workshops
- Psych 131

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IOWA STATE UNIVERSITY™
Academic Success Center

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Skill Development Reflection Questions

1. My college academic skills are...

- very developed moderately developed not developed

Explain:

2. In the past, I have struggled with...

- time management motivation
 exam preparation study strategies

3. My preferred learning environment is...

- bigger groups one-on-one/ partner work

Explain:



Academic Success Navigator Appointments

Academic Success Navigators provide support and guidance to students who may feel overwhelmed or unsure of where to begin in their academic journey. Whether you are a first-time college student or returning to school after a break, we understand that navigating the academic landscape can be challenging. A one-on-one appointment with a Navigator can help point you to various resources and services on campus to move you toward your academic goals.

Appointments with an Academic Success Navigator can be scheduled through Navigate.

What it is

- Individualized approach to connecting students to resources within the ASC
- Open and inviting approach to connecting directly with students
- Opportunity to make additional referrals as appropriate to other DSO/campus units (Academic Advising, SAS, Student Assistance, Student Counseling, etc.) when support beyond ASC resources may be needed

What it isn't

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- Open and inviting approach to connecting directly with students
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Who is it for?

- Students who may need additional affirmation/confirmation of their academic support needs
- Any student who doesn't know where to begin but wants a connection to our resources



Writing & Communication Consultations

Communication Consultants work with students one-on-one at any stage of the writing process, including brainstorming, researching, drafting, and revising. Consultants can also help students gain a clearer understanding of other topics writing topics such as focus, organization, structure, and formatting.

How We Help

- Free consultations with graduate and undergraduate students on any written, oral, visual, or electronic communication project.
- Assistance with any step of the writing process.
- Offering single sessions or recurring appointments.
- Reviewing cover letters, resumes, and application materials.
- Identifying necessary improvements to the clarity, organization, and tone of your assignment.
- Discussing assignment requirements and other issues with the nature of the assignment.

Appointment Options

In-Person

In-person appointments are offered at the Hixson-Lied Student Success Center, Room 2261. Students can schedule up to 3 appointments per week. Students can have walk-in appointments or schedule by calling in or using Navigate to schedule appointments.

Zoom

Zoom appointments are recommended for students in the brainstorming or early stages of writing, but are available for students in any stage of the writing process. Zoom appointments offer an opportunity to talk through your work and can be useful for students working on a presentation or other visual/oral communication project. Zoom appointments can be scheduled on Navigate by selecting the “virtual” option, then selecting the “Zoom” option on your intake form.

Google Docs

Google Docs appointments are recommended for students in the middle to late stages of a writing process. These appointments are great for revising a draft in real time, but communicating using Google chat and comments. Google Docs appointments can be scheduled on Navigate by selecting the “virtual” option, then selecting the “Google Docs” option on your intake form.



Tutoring Services

Tutoring Services is a centralized academic support service consisting of peer-facilitated learning experiences for undergraduate students at Iowa State University. We work with students to identify and mobilize resources that facilitate learning and promote success. We are dedicated to providing quality small group tutoring, with groups of 2 to 5 students, for many undergraduate courses. All tutors and tutees are currently enrolled students at Iowa State. Each tutoring group is led by a qualified peer tutor. Groups meet on a consistent day and time once per week for 90 minutes.

Tutoring Services FAQs

Why do you use group tutoring?

The purpose of group tutoring is to help tutees learn how to learn the material. That is accomplished over the course of the semester through weekly sessions in a group of 2 to 5 tutees. In those sessions, tutors and tutees utilize peer-to-peer learning in order to share experiences and learn from one another to build self-confidence and develop study skills. Asking questions, group discussion, and practice problems are all encouraged as a part of active participation in group tutoring.

What if I have a busy schedule?

We understand that students have busy schedules, and we also know that consistently reinforcing and applying knowledge is essential for effective learning. Because of this, tutoring groups meet once a week for a 90-minute session. To maximize placement, students seeking tutoring should indicate any availability in their schedule in order to coordinate learning opportunities.

What happens if I cannot attend a tutoring session?

If you are joining a group, you are committing to tutoring for the semester. Tutees are allowed 3 excused absences during the semester. Tutees are allowed one unexcused absence (no-show) per semester. Failure to abide by attendance policies will result in removal from the tutoring group. Be sure to keep your profile up to date regarding your availability and communicate regularly with your tutor regarding any absences.

What is expected of tutees?

- Be punctual and reliable
- Attend all course lectures and tutoring sessions
- Come prepared to participate with questions and necessary materials
- Write down questions and ideas when you study and bring them with you
- Notify the tutor of any known absences or permanent schedule conflicts
- Notify the ASC if they wish to remove their tutoring request
- Give your tutor feedback about their effectiveness (tutoring is a partnership that requires input)



Tutoring Services

How to request a tutor

1. Go to tutoring.iastate.edu and log in with your **ISU Net-ID**
2. Fill in contact and other personal information.
3. Click '**Request Tutoring**' in green.
4. Read through the Tutee Application Agreement.
5. **Choose the course** you would like to receive tutoring in.
Additional courses may be added on your 'Home' tab after one course request is completed.
6. **Select your funding source**. If self-funded, select 'U-Bill.'
Funding sources other than U-Bill must be approved according to their guidelines.
7. **Edit your availability into the schedule**. Take all activities (work, clubs, meetings, etc.) into consideration when marking times available. The more hours marked 'Available' increases your likelihood of getting assigned to a tutoring group.
8. Click '**Submit**'
9. Groups that match your request will appear in your Tutoring Profile; select the group you would like to join and click '**Join**'.



Supplemental Instruction

Supplemental Instruction (SI) is an internationally recognized academic support program. SI is a voluntary program that offers free, regularly scheduled study sessions for traditionally difficult courses. SI sessions are led by current ISU undergraduate students who have successfully completed the course. Our data suggests that the more often students attend SI, the higher their final grades will be in the course. We recommend attending SI at least once per week.

Supplemental Instruction FAQs

How do I know if SI is offered for my course?

The SI Schedule, which includes a list of courses and SI sessions, is available beginning the first Friday of each semester. SI sessions will be promoted by the SI Leader in class throughout the semester.

What occurs at an SI session?

SI is an opportunity for students to work together to explore important concepts, review class notes, discuss reading assignments, practice test-taking strategies, and prepare for examinations.

I filled out the scheduling survey... now what?

Days, times, and locations for SI sessions are determined by SI Leaders during the first week of classes, after a sufficient number of students have contributed feedback via the scheduling survey. The session logistics will be promoted the end of the first week, and sessions begin the second week.

How often are SI sessions held?

At least three 50-minute sessions are facilitated by each SI Leader per week. See the SI Schedule for specific times and locations for your courses. More sessions are available for courses with more than one SI Leader.

How are SI classes selected?

Most SI sessions target traditionally difficult 100- and 200-level courses. These courses are usually large lectures that require heavy amounts of reading, have exams that focus on application and analysis, and offer limited opportunities for interaction. The remaining SI sessions are offered based on departmental requests and available funding.

Who attends SI?

SI is open to all students regardless of their ability levels. SI attendance is voluntary; however, our data suggests that the more often students attend, the higher their final grades will be in the course. We recommend attending SI at least once per week.

How do I sign up for email updates from SI leaders?

1. Click on the courses/schedule menu option to access our interactive schedule.
2. Click on the link to your course.
3. Click the "Sign Up for Updates" option.
4. Log in using your NetID and password.
5. Repeat steps 1-3 for other courses as desired.

Students who participate in SI:

- Learn how to learn while learning what to learn
- Work collaboratively with peer students in a facilitated environment
- Receive support from a trained, educated SI leader.



Supplemental Instruction

How to find out about SI Sessions

1. Go to asc.dso.iastate.edu, this will bring you to the ASC website.
2. On the top tool bar select the '**Supplemental Instruction**' menu
3. Select the first heading under the drop down menu labeled '**Current Schedule of SI Sessions**'. This will take you to a page called 'Academic Success Center - Supplemental Instruction'
4. On this page you will be able to see a list of the 'Course,' 'Instructor,' and 'Leader.' This allows you to look for your courses with specific instructors.
5. Once you find the correct course you can select the **course title** in red to be taken to the course page.
6. On the course page you will find the time and location of the sessions, a list of resources used in the sessions, and contact information for the SI leader. This information will allow you to prepare and attend SI sessions.

Contact sistaff@iastate.edu with any questions.



Accountability Groups

ASC Accountability Groups are for any Iowa State University student looking for a dedicated time to work on schoolwork in a productive space. Sessions are hosted once per week for 90 minutes and groups are limited to 10 students per group. Attending Accountability Groups can help you boost motivation and productivity, learn helpful study tips, and develop positive academic habits.

Students who are interested complete an application to be placed with a group that meets regularly throughout the semester.

How to join an Accountability Group

1. Go to asc.dso.iastate.edu, this will bring you to the ASC website.
2. On the top tool bar select the '**Accountability Groups**' menu
3. Select '**Click here to join an accountability group**'. This will take you to a Qualtrics survey
4. Fill out your contact and other personal information. Click the black arrow at the bottom right.
5. Read the details about scheduling.
6. Fill in your availability. Keep in mind that most accountability groups are held in the afternoon/early evening. Click the black arrow again.
7. Read the page, noting the contact information provided for questions. Click the black arrow to submit your application.



Workshops

Our workshops encourage students to interact with one another and the workshop facilitator by engaging in activities and discussions. Students will be asked to reflect on their own academic experiences and make connections to the information presented in the workshop to make plans to incorporate new academic skills.

Workshop Topics

Overview of Services

The workshop you're at right now! Covers all of ASC's programs and initiatives.

Time Management

Strategies for effectively understanding time management, particularly as it relates to study skills.

Study Cycle

Focuses on metacognition and utilizing the Study Cycle to succeed in courses. The Study Cycle is a 5-step approach designed to help students become more efficient learners.

Exam Preparation

New and improved overview of the Study Cycle, Bloom's Taxonomy, and time management strategies for exam preparation.

Final Exam Preparation

Learn more about study strategies, resources, and time management skills specifically for finals week.

Recommendations for Requesting Workshops

- Overview and Study Cycle workshops should only be requested at the beginning of the semester. These workshops cover concepts and resources that will benefit students throughout the semester. Attend all course lectures and tutoring sessions
- The Exam Preparation workshop should only be requested if the group of students have an exam coming up within 5 - 10 days of the presentation.
- Workshops during winter, spring, or fall break can be difficult to accommodate.

Workshops are typically requested by professors, academic advisors, student organization leaders, and other groups across campus. Individual students can access recordings and workshop materials anytime on our website by following the links for On-Demand Workshops.



PSYCH 131

Psych 131, the Academic Learning Skills Seminar, is a 1-credit course designed to facilitate students' development of academic skills, behaviors, and attitudes. Content in this course will build a foundation for academic success to help students in their current coursework and better prepare them for further success throughout their college career.

Breakdown of Material

Goal Setting and Motivation

- Identify specific factors influencing personal motivation and success
- Articulate how to self-monitor learning and how to adjust study behaviors accordingly
- Learn strategies for creating short-term and long-term goals

Time Management and Planning

- Identify specific details of how time is currently spent
- Articulate priorities impacting use of time
- Learn specific time management strategies to achieve goals

Learning Strategies and Individual Differences

- Identify and understand learning preferences and strategies
- Articulate how personal preferences affect others when learning individually or in groups
- Develop strategies for academic success, including thinking, note taking, testing, and reading

Team-Based, Peer Group Interaction

- Identify appropriate/inappropriate ways of interacting with peer students in group or team-based, in-class interactions
- Articulate the value of working in groups and increases value of working with students who have diverse backgrounds and experiences
- Demonstrate the ability to balance multiple perspectives when working with others

Student Employment

The Academic Success Center also likes to help students develop important leadership skills, which is why all of the programs we offer employ ISU undergraduate students every semester.

Tutors

Tutoring Services seeks tutors who are motivated to help their peers be successful by learning how to learn. Tutors provide peer academic support to students in a variety of undergraduate courses and help shape students' experience at Iowa State University. Tutors will assist in student learning and retention through facilitation of small group tutoring that help students better understand concepts and applications of course content. Tutoring is an excellent opportunity to build your communication and leadership skills, keep up your knowledge of completed coursework, and help others. Over 9 out of 10 tutors would recommend being a tutor!

Qualifications

- Be enrolled as an Iowa State University undergraduate student
- Complete at least one (1) semester at Iowa State University
- Have an ISU cumulative GPA of 2.5
- Earn a grade of B or higher in course(s) you want to tutor taken here at Iowa State

Supplemental Instruction Leaders

SI Leaders are undergraduate students who provide peer academic support for an assigned course. SI Leaders assist in student learning and retention at Iowa State University through facilitation of study sessions that help students better understand concepts and applications of course content.

Qualifications

- Enrollment as an Iowa State University undergraduate student
- Minimum ISU cumulative GPA: 3.00/4.00
- Minimum semester GPA for the most recent academic semester completed: 3.00/4.00
- Grade of B+ or higher in course(s) you desire to lead
- Self-motivation and direction to work independently with limited supervision
- Empathy for and understanding of a diverse group of students
- Ability to speak and present information to large audiences

Peer Academic Skills Coaches

A Peer Academic Skills Coach is an undergraduate student who provides one-on-one support to other undergraduate students in developing their academic skills. Peer coaches will also assist in program outreach by promoting skills, resources, and services of the office through facilitation of workshops. Peer Academic Skills Coaches have the opportunity to develop valuable skills such as mentorship, relationship-building, leadership, public speaking, organization and professional skills.

Qualifications

- Full-time enrollment as an Iowa State University undergraduate student
- Minimum ISU cumulative GPA: 2.75/4.00
- Minimum semester GPA for the most recent academic semester completed: 3.00/4.00
- Genuine desire to support and empower peers
- Empathy for and understanding of a diverse group of students
- Ability to speak and present information to large audiences
- An ability to relate to academic struggle or empathize with students of various academic aptitude
- Flexibility and comfort working autonomously
- Attention to detail and record-keeping
- Willingness to learn new academic skills and implement resources as necessary

Writing & Communication Consultants

Writing & Communication Consultants are students from all disciplines who are committed to helping their peers. Through the ASC, communication consultants offer individualized assistance to students across the disciplines working on any form of written, oral, visual, or electronic communication. Communication Consultants help students at all stages of the composition process, from brainstorming and organizing ideas to revising and polishing drafts. Writing and Communication Consultations does not offer editing or proofreading services. Instead, Consultants help students evaluate and improve the effectiveness of their own work. Through assisting others, Communication Consultants gain valuable teaching and teamwork experience, hone their communication skills, and become better writers themselves. In addition to consultations, the team offers workshops and other programming to serve the campus community.

Qualifications

- Enrolled in an undergraduate program at Iowa State University and in good academic standing
- Commitment to learning about diversity, equity, and inclusion and applying this knowledge to your work
- Willingness to take on the responsibility of being a peer role model
- Self-confidence in oral and written communication skills, including interpersonal communication
- Excellent interpersonal skills
- Willingness to work with graduate students
- Highly motivated and eager to learn

Preferred Qualifications

- Cumulative GPA of 3.0 or above
- One-on-one tutoring experience
- Experience working with English Language Learners

Contact Information

Location: 2157 Hixson-Lied Student Success Center

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