

The background of the slide is a photograph of the Iowa State University campus, featuring the Old Capitol building with its prominent dome on the left and other campus buildings and trees on the right. The entire image is overlaid with a semi-transparent red filter. Two thin, horizontal gold lines are positioned above and below the main text.

IOWA STATE UNIVERSITY

Academic Success Center

2157 Hixson-Lied Student Success Center

The background of the slide is a photograph of the Iowa State University campus, featuring the Old Capitol building with its prominent dome on the left and other university buildings in the distance. The entire image is overlaid with a semi-transparent red filter. A thin, horizontal gold line is positioned across the middle of the slide, just below the main title.

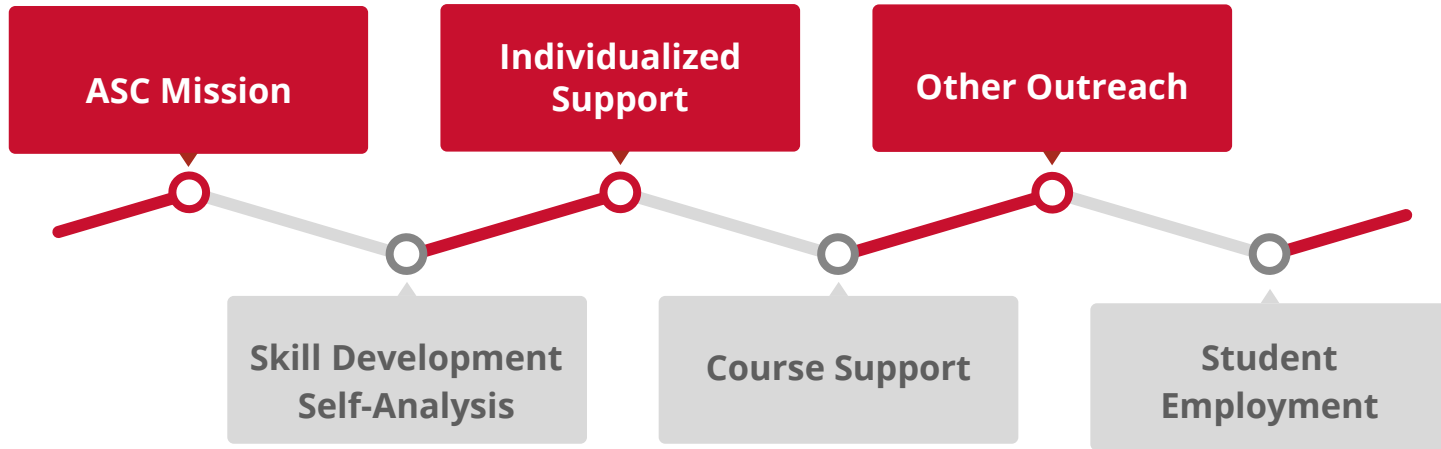
Overview of Services

Academic Success Center

IOWA STATE UNIVERSITY

Objective & Roadmap

To learn about the services and opportunities through the ASC and how to utilize them throughout your college experience.





ASC Mission

Skill development and course-based support

Achieve academic **goals**

Develop **reflective** learners

Experience **peer-facilitated** learning

Develop **leadership** skills



Skill Development Self-Analysis

1. My college academic skills are...
 - very developed
 - moderately developed
 - not developed

2. In the past, I have struggled with...
 - time management
 - exam preparation
 - motivation
 - study strategies

3. My preferred learning environment is...
 - bigger groups
 - one-on-one/partner work

ASC Programs & Services

Individualized Support

- Academic Coaching
- Writing & Communication Consultations
- Academic Success Navigator Unit

Course Support

- Tutoring Services
- Supplemental Instruction

Other Outreach

- PSYCH 131
- Accountability Groups
- Workshops



Individualized Support

- Academic Success Navigator
- Academic Skills Coaching
- Writing & Communication Consultations



Academic Success Navigator

Want help, but unsure which service you should try? A *Navigator* can help!

- One-time, one-on-one appointment
- Identify your goals and challenges
- Connect with supports in the Academic Success Center and across campus



*Schedule an Academic Success Navigator appointment via **EAB Navigate** app*

Academic Success Navigator

What it is...

- Open and inviting space for students to discuss goals and challenges related to their academic success
- Individualized approach to connecting students to programs within the ASC
- Opportunity to make additional referrals as appropriate to other DSO/campus units

What it's not...

- Replacement for existing resources or processes that already exist on campus
- Replacement for ongoing support from a helping professional
- Ongoing Academic Skills Coaching

Who is it for?

- Any student who isn't sure where to begin, but wants to improve their academics
- Students who may need additional affirmation or confirmation of their academic support needs
- Students wanting to be placed with an Academic Skills Coach



*Schedule an Academic Success Navigator appointment via **EAB Navigate** app*

"I got two A's in college for the first time! I just needed someone else to help me get it together. They were great."



Academic Skills Coaching

- Free, one-on-one appointments
- Semester-long individualized support from a trained peer
- Common Topics:
 - ➔ Time Management
 - ➔ Exam Preparation
 - ➔ Study Strategies
 - ➔ Procrastination & Motivation



Meet with an **Academic Success Navigator** to be placed with a Coach!

Academic Skills Coaching Example

- I write in a planner every day.
- I start studying the night before an exam.
- I use a paper or digital calendar to track my due dates and exams.
- I play games on my phone or look at social media during class time.
- I take notes in a way that makes sense to me.
- I have enough time each week to get my assignments done.



Thumbs Up:
“I do this most of the time.”




Thumbs Middle:
“I do this sometimes.”



Thumbs Down:
“I rarely do this.”

Popular Academic Coaching Resources

- Weekly Schedule →
- Semester at a Glance
- Due vs. Do
- 5 Day Study Plan
- T-Notes
- Shovel App - shovelapp.io/iastate 

Download or Print
copies of our resources
from our website: asc.dso.iastate.edu/resources

Priorities for this week (Regular)	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Review Spanish NoteCards	6:00 AM							
Attend Biology session	7:00 AM	Wakeup		Wakeup		Wakeup	Wakeup	
Go to Calc tutor	8:00 AM	BIOL 211		BIOL 211		BIOL 211		Wakeup
Laundry	9:00 AM	STUDY	Wakeup	STUDY	Wakeup	STUDY	WORK	
Meal Prep	10:00 AM	MATH 165	STUDY	MATH 165	STUDY	MATH 165		WORK
	11:00 AM	ENGL 150	↓	ENGL 150	↓	ENGL 150		
	12:00 PM		SPAN 97		SPAN 97	STUDY		
	1:00 PM		↓		↓			
Priorities for this week (Special)	2:00 PM			YOGA				
Start Writing English Paper	3:00 PM							
Practice Spanish Presentation	4:00 PM			STUDY	spanish club			
Biology Quiz	5:00 PM	Math club		↓				
	6:00 PM			BIO Lab			STUDY	STUDY
	7:00 PM			↓				
	8:00 PM		Netflix		Netflix			
	9:00 PM							
	10:00 PM							
	11:00 PM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep
My Weekly Schedule								
Week of: Oct 15 - Oct 21	To-Do List →	• BIO HW • Study BIO Quiz	• Calc HW • Spanish NoteCards	• Yoga • Lab Report	• Presentation	• BIO Quiz	• study for Calc exam	

The Academic Success Center is part of the Dean of Students Office at Iowa State University | 1060 Hixon-Lied Student Success Center | 515-294-6624 | success@iastate.edu | <http://www.asc.dso.iastate.edu>
Credit to: Academic Success Center, Oregon State University, 2012



Writing & Communication Consultations

- Free, one-on-one appointments
- Get help at any stage of the writing process from a trained peer
- Gain a clearer understanding of other common writing topics:
 - ➔ Focus
 - ➔ Organization
 - ➔ Structure
 - ➔ Formatting



Schedule a Writing & Communication Consultation via **EAB Navigate** app



"I received very useful and helpful feedback, and feel more confident in my work that I will be turning in. I felt comfortable meeting with [my Consultant] and all of my questions were answered well."

Writing & Communication Consultations

- Project types are not limited to written pieces but could be any form of communication.
 - ➔ Oral presentations
 - ➔ Visual elements
 - ➔ Electronic communications
 - ➔ Multimedia projects



*Schedule a Writing & Communication Consultation via **EAB Navigate** app*



Course Support

- Tutoring Services
- Supplemental Instruction

"I honestly love my tutor! She does a great job going over stuff I've learned in class, and she breaks it down piece by piece to make it more understandable! She puts a lot of care and effort into her work, and I really appreciate her!"



Tutoring Services

- Small group tutoring sessions led by a trained peer who earned a B or higher in the course
- Consistent group, consistent schedule
 - ➔ Small groups of 2 – 5 students
 - ➔ Meet once per week for 90 minutes
- \$7.50 per session (*funding sources are available*)
- Can request *almost* any undergraduate course

Set up your **Tutoring Profile** to request a Tutor

www.tutoring.iastate.edu

How to Request a Tutor (or Apply to Be One!)

IOWA STATE UNIVERSITY
Dean of Students Office

[Work for the ASC](#) [ASC Resources for Faculty](#) [Request a Workshop](#) [Reserve a Room](#) [Info For...](#) [Sign Out](#)

[Academic Success Center](#)

[Academic Skills Coaching](#)

[Success Navigator](#)

[Supplemental Instruction](#)

[Tutoring](#)

[Writing Center](#)

91%
say tutoring improves
overall academic skills

89%
are more satisfied with their
college experience because
of tutoring

How does tutoring work?

- Tutoring takes place in small groups, consisting of 2 to 5 students.
- Students can request a tutor in any undergraduate course they are currently enrolled in at Iowa State.
- Group tutoring sessions cost \$7.50 per session.
- Group tutoring begins the second week of classes. Students are encouraged to request a tutor as soon as they know they might want additional assistance in a course.
- Groups meet at a consistent day and time once a week during the academic year for 90 minutes.
- Sessions are interactive and led by a qualified peer tutor.

[Request a Tutor](#)

How to Request a Tutor (or Apply to Be One!)

The screenshot shows the top navigation bar of the Tutoring Services website. It features the Iowa State University logo on the left, a search bar on the right, and the text 'Tutoring Services' and 'TUTORING SERVICES WEBSITE'. Below the navigation bar is a user profile section with a 'PROFILE' link and a 'Sign Out' button. A dropdown menu shows 'Fall 2023'. At the bottom of the navigation bar are links for 'Home', 'Student Info', 'Schedule', and 'Messages'.

Schedule

 Edit

Set your availability and request which courses you would like assistance for.


	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 AM	Available	Available	Available	Available	Available	Available	Available
9 AM	Available	Available	Available	Available	Available	Available	Available
10 AM	Available	Available	Available	Available	Available	Available	Available
11 AM	Available	Available	Available	Available	Available	Available	Available
12 PM	Available	Available	Available	Available	Available	Available	Available
1 PM	Available	Available	Available	Available	Available	Available	Available
2 PM	Available	Available	Available	Available	Available	Available	Available
3 PM	Available	Available	Available	Available	Available	Available	Available

Supplemental Instruction (SI)

- Small classroom setting, led by a trained peer who earned a B+ or higher in the course
- SI Sessions
 - ➔ 50 minutes each, 3 times per week
 - ➔ Free & Voluntary
 - ➔ Ask questions, clarify concepts from lecture
 - ➔ Exam Review sessions
- Offered for specific, traditionally challenging courses (*mostly STEM*)

Find courses and sessions on the **SI Schedule**

www.asc.dso.iastate.edu/si



“[My SI leader] was not only effective at teaching the concepts and ideas in fun ways, (often better than the actual instructors), but was also friendly and approachable.”

How to Find an SI Session/Leader

Academic Success Center

Academic Skills Coaching

Success Navigator

Supplemental Instruction

Tutoring

Writing Consultations

SI Schedule

Course	Instructors	Leaders	Upcoming Sessions
ACCT 284	Jenny Sturgill	Lars	-
ACCT 284	Anne Clem	Molly	-
ACCT 285	Suning Zhang	Maya	-
ACCT 285	Kathryn Holmstrom	Timothy	-
AER E 351	Dale Chimenti	Jack	-
AER E 355	Peter Sherman	Delane	-



Other Outreach

- PSYCH 131
- ASC Accountability Groups
- Workshops

*“My **study habits before a test** have changed greatly. Before, I really only studied the night before a test just to review the material. Now, I start studying 5 days or a week before.”*

PSYCH 131

- 1-credit, graded course, utilizing **team-based learning**
 - ➔ Small class sizes (~up to 30 students)
- Evidence-based approach to learning & applying effective academic habits
- Primary topics include:
 - ➔ Time Management
 - ➔ Stress & Health
 - ➔ Willpower & Motivation
 - ➔ Reading
 - ➔ Note-taking



ASC Accountability Groups ***NEW***

- Dedicated time to work on schoolwork in a productive space
 - ➔ Boost motivation & productivity
 - ➔ Learn & practice helpful study tips
 - ➔ Develop positive academic habits with peers
- Weekly 90-minute sessions are hosted at the Academic Success Center by a trained peer leader
 - ➔ Sessions begin Week 3 (September 4 - 8)

Apply to join an Accountability Group!
tinyurl.com/ascaccountability



Workshops

Academic Skills

- ASC Overview of Services
- Time Management
- The Study Cycle
- Exam Preparation
- Final Exam Preparation

Writing & Communication Skills

- Designing Effective Visual Tools
- Ethical Source Use (Avoiding Plagiarism)
- Scholarship Essays & Personal Statements
- Public Speaking & Presentations
- The Writing Process
- Revision Strategies & Peer Review

*If you are involved in a **student organization** or serve in a **peer leadership role on campus**, consider requesting a workshop for your group!*

How to Schedule (or View) ASC Workshops

IOWA STATE UNIVERSITY

respond to workshop requests until early August, but please feel free to submit them now! We will

Academic Success Center

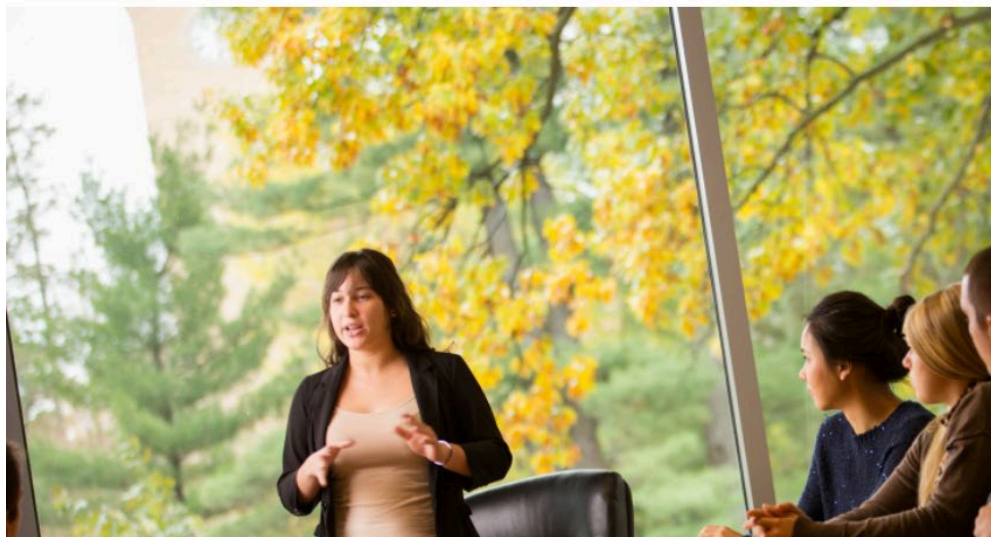
Academic Skills Coaching

Success Navigator

Supplemental Instruction

Tutoring

Writing Consultations



Request a Workshop

We offer 45-60 minute workshops for your classroom or student organization! Our workshops cover a variety of writing, communication, and academic skills topics. For a standard workshop, please submit your request *at least two weeks* before your requested date to have one of our trained consultants facilitate a workshop.

[Request an ASC workshop >](#)

Student Employment

“Being a student employee at the ASC has been one of the most rewarding jobs. It has allowed me to grow as a student leader, experience opportunities I wouldn’t get otherwise, and through it I have made lifelong connections and friendships.”

Qualifications

- Be enrolled at ISU as an undergraduate student in good standing
- Minimum course grade and/or GPA requirements (varies by role)
- Strong interpersonal and communication skills
- A desire to help other students succeed
- A willingness to model a growth mindset

ASC Student Employee Roles

- SI – Leaders, Mentors, Lead Mentors
- Tutoring – Tutors, Tutor Mentors
- Peer Academic Skills Coaches
- Writing & Communication Consultants
- Front Desk Student Assistants

***The ASC employs over 400
undergraduate students each year!***

www.asc.dso.iastate.edu/work-asc



What is one of the services or programs that you learned about today that you are going to try?



Post-Workshop Survey

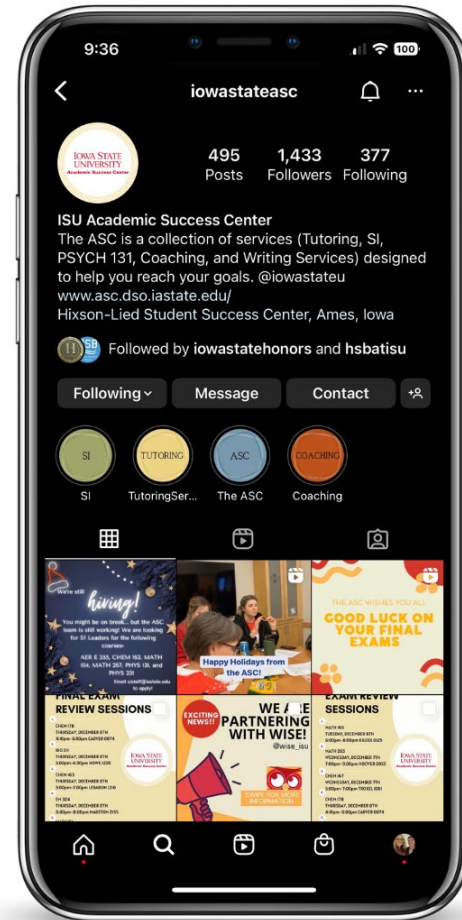
"Overview of Services"



<https://tinyurl.com/yc857ka7>

Follow Us on Instagram!

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