Iowa State University
Academic Success Center

2157 Hixson-Lied Student Success Center
Objective & Roadmap

To learn about the services and opportunities through the ASC and how to utilize them throughout your college experience.

ASC Mission
- Skill Development
- Self-Analysis

Individualized Support
- Course Support

Other Outreach
- Student Employment
ASC Mission

Skill development and course-based support
Achieve academic goals
Develop reflective learners
Experience peer-facilitated learning
Develop leadership skills
Skill Development Self-Analysis

1. My college academic skills are…
   □ very developed   □ moderately developed   □ not developed

2. In the past, I have struggled with…
   □ time management   □ motivation
   □ exam preparation   □ study strategies

3. My preferred learning environment is…
   □ bigger groups   □ one-on-one/partner work
# ASC Programs & Services

## Individualized Support
- Academic Coaching
- Writing & Communication Consultations
- Academic Success Navigator Unit

## Course Support
- Tutoring Services
- Supplemental Instruction

## Other Outreach
- PSYCH 131
- Accountability Groups
- Workshops
Individualized Support

➢ Academic Success Navigator
➢ Academic Skills Coaching
➢ Writing & Communication Consultations
Academic Success Navigator

Want help, but unsure which service you should try? A Navigator can help!

➢ One-time, one-on-one appointment
➢ Identify your goals and challenges
➢ Connect with supports in the Academic Success Center and across campus

Schedule an Academic Success Navigator appointment via EAB Navigate app
### Academic Success Navigator

<table>
<thead>
<tr>
<th>What it is...</th>
<th>What it’s not...</th>
<th>Who is it for?</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Open and inviting space for students to discuss goals and challenges related to their academic success</td>
<td>- Replacement for existing resources or processes that already exist on campus</td>
<td>- Any student who isn’t sure where to begin, but wants to improve their academics</td>
</tr>
<tr>
<td>- Individualized approach to connecting students to programs within the ASC</td>
<td>- Replacement for ongoing support from a helping professional</td>
<td>- Students who may need additional affirmation or confirmation of their academic support needs</td>
</tr>
<tr>
<td>- Opportunity to make additional referrals as appropriate to other DSO/campus units</td>
<td>- Ongoing Academic Skills Coaching</td>
<td>- Students wanting to be placed with an Academic Skills Coach</td>
</tr>
</tbody>
</table>

---

**Schedule an Academic Success Navigator appointment via [EAB Navigate app](#)**
Academic Skills Coaching

➢ Free, one-on-one appointments
➢ Semester-long individualized support from a trained peer
➢ Common Topics:
  ➢ Time Management
  ➢ Exam Preparation
  ➢ Study Strategies
  ➢ Procrastination & Motivation

“"I got two A’s in college for the first time! I just needed someone else to help me get it together. They were great.”

Meet with an Academic Success Navigator to be placed with a Coach!
I write in a planner every day.
➢ I start studying the night before an exam.
➢ I use a paper or digital calendar to track my due dates and exams.
➢ I play games on my phone or look at social media during class time.
➢ I take notes in a way that makes sense to me.
➢ I have enough time each week to get my assignments done.

Thumbs Up: “I do this most of the time.”

Thumbs Middle: “I do this sometimes.”

Thumbs Down: “I rarely do this.”
Popular Academic Coaching Resources

- Weekly Schedule
- Semester at a Glance
- Due vs. Do
- 5 Day Study Plan
- T-Notes
- Shovel App - shovelapp.io/iastate

Download or Print copies of our resources from our website: asc.dso.iastate.edu/resources
Writing & Communication Consultations

➢ Free, one-on-one appointments
➢ Get help at any stage of the writing process from a trained peer
➢ Gain a clearer understanding of other common writing topics:
  ➢ Focus
  ➢ Organization
  ➢ Structure
  ➢ Formatting

Schedule a Writing & Communication Consultation via EAB Navigate app
Writing & Communication Consultations

➢ Project types are not limited to written pieces but could be any form of communication.
   ➢ Oral presentations
   ➢ Visual elements
   ➢ Electronic communications
   ➢ Multimedia projects

“I received very useful and helpful feedback, and feel more confident in my work that I will be turning in. I felt comfortable meeting with [my Consultant] and all of my questions were answered well.”

Schedule a Writing & Communication Consultation via EAB Navigate app
Course Support

➢ Tutoring Services
➢ Supplemental Instruction
Tutoring Services

➢ Small group tutoring sessions led by a trained peer who earned a B or higher in the course
➢ Consistent group, consistent schedule
  ➢ Small groups of 2 – 5 students
  ➢ Meet once per week for 90 minutes
➢ $7.50 per session (funding sources are available)
➢ Can request almost any undergraduate course

Set up your **Tutoring Profile** to request a Tutor

www.tutoring.iastate.edu
How to Request a Tutor (or Apply to Be One!)

How does tutoring work?

- Tutoring takes place in small groups, consisting of 2 to 5 students.
- Students can request a tutor in any undergraduate course they are currently enrolled in at Iowa State.
- Group tutoring sessions cost $7.50 per session.
- Group tutoring begins the second week of classes. Students are encouraged to request a tutor as soon as they know they might want additional assistance in a course.
- Groups meet at a consistent day and time once a week during the academic year for 90 minutes.
- All tutoring is interactive and led by a qualified peer tutor.

91% say tutoring improves overall academic skills

89% are more satisfied with their college experience because of tutoring

Request a Tutor
How to Request a Tutor (or Apply to Be One!)

**Schedule**

Set your availability and request which courses you would like assistance for.

<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 AM</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
</tr>
<tr>
<td>9 AM</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
</tr>
<tr>
<td>10 AM</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
</tr>
<tr>
<td>11 AM</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
</tr>
<tr>
<td>12 PM</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
</tr>
<tr>
<td>1 PM</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
</tr>
<tr>
<td>2 PM</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
</tr>
<tr>
<td>3 PM</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
<td>Available</td>
</tr>
</tbody>
</table>
Supplemental Instruction (SI)

➢ Small classroom setting, led by a trained peer who earned a B+ or higher in the course

➢ SI Sessions
   ➢ 50 minutes each, 3 times per week
   ➢ Free & Voluntary
   ➢ Ask questions, clarify concepts from lecture
   ➢ Exam Review sessions

➢ Offered for specific, traditionally challenging courses (mostly STEM)

“[My SI leader] was not only effective at teaching the concepts and ideas in fun ways, (often better than the actual instructors), but was also friendly and approachable.”

Find courses and sessions on the SI Schedule
www.asc.dso.iastate.edu/si
# How to Find an SI Session/Leader

## SI Schedule

<table>
<thead>
<tr>
<th>Course</th>
<th>Instructors</th>
<th>Leaders</th>
<th>Upcoming Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACCT 264</td>
<td>Jenny Sturgill</td>
<td>Lars</td>
<td>-</td>
</tr>
<tr>
<td>ACCT 264</td>
<td>Anne Clem</td>
<td>Molly</td>
<td>-</td>
</tr>
<tr>
<td>ACCT 265</td>
<td>Suning Zhang</td>
<td>Maya</td>
<td>-</td>
</tr>
<tr>
<td><strong>ACCT 285</strong></td>
<td>Kathryn Holmstrom</td>
<td>Timothy</td>
<td>-</td>
</tr>
<tr>
<td>AER E 351</td>
<td>Dale Chimenti</td>
<td>Jack</td>
<td>-</td>
</tr>
<tr>
<td>AER E 355</td>
<td>Peter Sherman</td>
<td>Delane</td>
<td>-</td>
</tr>
</tbody>
</table>
Other Outreach

➢ PSYCH 131
➢ ASC Accountability Groups
➢ Workshops
PSYCH 131

➢ 1-credit, graded course, utilizing team-based learning
  ➢ Small class sizes (~up to 30 students)
➢ Evidence-based approach to learning & applying effective academic habits
➢ Primary topics include:
  ➢ Time Management
  ➢ Stress & Health
  ➢ Willpower & Motivation
  ➢ Reading
  ➢ Note-taking

“My study habits before a test have changed greatly. Before, I really only studied the night before a test just to review the material. Now, I start studying 5 days or a week before.”
ASC Accountability Groups  *NEW*

➢ Dedicated time to work on schoolwork in a productive space
  ➢ Boost motivation & productivity
  ➢ Learn & practice helpful study tips
  ➢ Develop positive academic habits with peers

➢ Weekly 90-minute sessions are hosted at the Academic Success Center by a trained peer leader
  ➢ Sessions begin Week 3 (September 4 - 8)

Apply to join an Accountability Group!
tinyurl.com/ascaccountability
Workshops

Academic Skills
➢ ASC Overview of Services
➢ Time Management
➢ The Study Cycle
➢ Exam Preparation
➢ Final Exam Preparation

Writing & Communication Skills
➢ Designing Effective Visual Tools
➢ Ethical Source Use (Avoiding Plagiarism)
➢ Scholarship Essays & Personal Statements
➢ Public Speaking & Presentations
➢ The Writing Process
➢ Revision Strategies & Peer Review

If you are involved in a student organization or serve in a peer leadership role on campus, consider requesting a workshop for your group!
How to Schedule (or View) ASC Workshops

Request a Workshop

We offer 45-60 minute workshops for your classroom or student organization! Our workshops cover a variety of writing, communication, and academic skills topics. For a standard workshop, please submit your request at least two weeks before your requested date to have one of our trained consultants facilitate a workshop.

Request an ASC workshop
Student Employment

“Being a student employee at the ASC has been one of the most rewarding jobs. It has allowed me to grow as a student leader, experience opportunities I wouldn’t get otherwise, and through it I have made lifelong connections and friendships.”

Qualifications

- Be enrolled at ISU as an undergraduate student in good standing
- Minimum course grade and/or GPA requirements (varies by role)
- Strong interpersonal and communication skills
- A desire to help other students succeed
- A willingness to model a growth mindset

ASC Student Employee Roles

- SI – Leaders, Mentors, Lead Mentors
- Tutoring – Tutors, Tutor Mentors
- Peer Academic Skills Coaches
- Writing & Communication Consultants
- Front Desk Student Assistants

The ASC employs over 400 undergraduate students each year!

www.asc.dso.iastate.edu/work-asc
What is one of the services or programs that you learned about today that you are going to try?
Post-Workshop Survey

"Overview of Services"

https://tinyurl.com/yc857ka7
Follow Us on Instagram!

@iowastateasc
Contact & Visit Us

2157 Hixson-Lied
Student Success Center
Find us off the 23 Orange bus route across from Maple Hall!

Website: www.asc.dso.iastate.edu
Phone: 515-294-6624
Email: success@iastate.edu